

Immediately After Surgery

Once your surgery is complete, you will be brought to the Post Anesthesia Care Unit (PACU). This is the area where you will gently wake up after your procedure. A nurse will check on you frequently as you awaken to monitor your vital signs, inquire about your pain level, and administer medication and/or refreshment. Nurses can answer any questions you may have. Once you have recovered sufficiently after surgery, you may be released from the hospital, or you may be admitted to the hospital.

Your doctor, or a nurse will explain to you what you should expect for the following 24-48 hours after your procedure. Each individual is unique and much is dependent on the type of procedure you underwent.

Length of Stay and Discharge

Your doctor will inform you of the approximate length of stay for your typical case. This recommendation may change depending on the specifics of your case and your own unique ability for recovery.



If you are being discharged on the same day as your procedure, please make preparations with family or friends to pick you up. Because you may still experience residual effects of anesthesia, you should not leave the hospital on your own. If you are scheduled to remain in the hospital overnight, you may be cleared to drive yourself home once you are discharged.

First Street Hospital is very proud to be able to staff with a high nurse-to-patient ratio. If you should be required to stay with us overnight or longer, you'll find our nurses are available, receptive, kind and accommodating.

For patients who are with us overnight or longer, three meals are served daily. If you have special dietary needs, please let your nurse know or discuss them with the dietitian.

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First in healthcare.*



First Street Hospital
Pre-admission Department:

713-275-1111

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Preparing
S *for your*
Surgery

...the pre-admission process,
pre-surgery expectations
and the day of your procedure

